

STE. ANNE'S A HALDIMAND HILLS SPA

TEAM GETAWAYS



About Us

Our 1800's heritage fieldstone country castle is located on a quiet country road in the heart of Northumberland's rolling countryside, only 90 minutes from downtown Toronto.

From the moment you walk in the front entrance, you will see that our health and wellness spa is different than others. Here at Ste. Anne's mental health and well-being is a priority. We encourage you to stay all day in one of our plush bathrobes, embrace your spa hair and just be yourself. Enjoy the charm of an old-world setting while you heal with rest and rejuvenation.

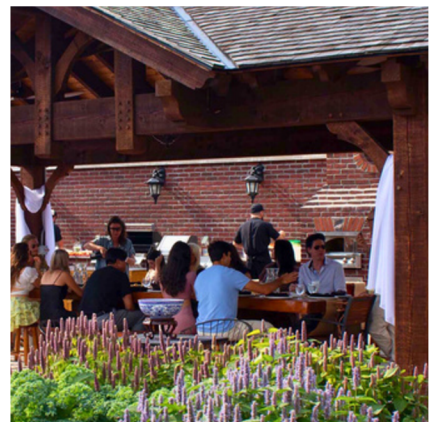
Benefits of a Team Getaway

- ✓ Stress reduction and relaxation
- ✓ Team building and bonding
- ✓ Health and wellness promotion
- ✓ Increased productivity and creativity
- ✓ Work-life balance enhancement
- ✓ Employee engagement and retention

We'd love to have you and your team!

Team spa and wellness getaways offer a multitude of benefits for employees, including stress reduction and relaxation through therapeutic spa treatments and improved mental and emotional well-being through wellness classes and workshops. These retreats also encourage team building and bonding through group activities, promoting camaraderie and enhancing collaboration beyond the workplace.

Time away from the office for self-care leads to increased productivity and creativity upon return, as individuals recharge their minds and bodies. Encouraging participation in these getaways reinforces the importance of achieving a healthy work-life balance, demonstrating organizational support for overall employee well-being. Moreover, offering unique perks like spa and wellness retreats boosts employee morale, engagement and loyalty, fostering a stronger sense of connection and attachment.



Packages



Thank you All-inclusive Day at the Spa

Looking for a way to thank your team for all their hard work and dedication? Take them away for the whole day where we do all the heavy lifting.

We will coordinate a lovely day with thoughtfully prepared meals, soothing spa services and plenty of room in their itinerary to use thermal pools, steam rooms and saunas or even get out on the trails.

Package Inclusions:

- 3-course lunch
- afternoon tea or a la carte breakfast
- \$150 spa and wellness allowance
- full use of the facilities from 8:30-6 pm
- Special Ste. Anne's Apothecary gift for each team member

From \$345 per person



Focus on Wellness Spa Day

Has your team had a stressful or really busy year? Do they need dedicated time to rejuvenate and reset so they can be their best at work and home?

Let us help you give your team an entire day at the spa where they can focus on restoration through therapeutic spa services, nourishing meals and a private wellness class or group workshop that will show them their health and wellness is a top priority for you.

Package Inclusions:

- 3 course lunch
- afternoon tea or a la carte breakfast
- \$150 spa and wellness allowance
- full use of the facilities from 8:30-6pm
- Special Ste. Anne's Apothecary gift for each team member
- Private wellness class or group workshop

From \$375 per person

“Our staff left refreshed, inspired, and with strengthened team bonds after our corporate retreat at Ste. Anne’s Spa. It was a perfect mix of relaxation and rejuvenation with meals, wellness classes and enriching workshops”

JENNIFER CARSWELL

Packages



Togetherness & Celebration Day Spa

Do you and your team need to celebrate a milestone or simply all of your incredible accomplishments? Do you want to spend some quality time together outside of work, getting to know each other and fostering a greater sense of camaraderie?

We'll plan the perfect day where you'll enjoy a generous spa allowance, full facility use and a special group meal event in one of our unique venues.

Package Inclusions:

- Event group lunch at one of our unique venues
- afternoon tea or a la carte breakfast
- \$150 spa and wellness allowance
- full use of the facilities from 8:30-6 pm
- Special Ste. Anne's Apothecary gift for each team member

From \$400 per person



Teambuilding Day Spa

Take your whole team to Ste. Anne's where a day at the spa is so much more than getting a facial!

Come for the entire day and enjoy a private group dining experience in our walled garden or function room, generous spa allowance, and a private wellness class or group workshop where you can expand your work relationships, build trust, learn new skills and have fun.

Package Inclusions:

- Event group lunch at one of our unique venues
- afternoon tea or a la carte breakfast
- \$150 spa and wellness allowance
- full use of the facilities from 8:30-6 pm
- Private wellness class or group workshop
- Special Ste. Anne's Apothecary gift for each team member

From \$430 per person

Build Your Own Day Experience

With 500 acres a myriad of amenities and some very knowledgeable team members, we would love to curate an experience that you and your team will never forget. Reach out to us with your wish list and we will put together a custom package just for your team!

Private Classes

Any one of our restorative wellness classes or invigorating fitness sessions can be made into a private class just for you and your team. Classes can take place in our wellness pavilion, fitness room, outdoor forest pavilion or out on our extensive trail network.

Have an idea for a wellness class? Let us know and the odds are that with our talented team, we can create something custom for you and your team!

Class Examples

- Yoga
- Meditation
- Stretching
- Journaling
- Mindfulness
- Energy work
- Stretching
- Fitness
- Guided walks, hikes or tours



Workshops

Besides our wellness, fitness and spa facilities, our 500-acre property features a bakery, apothecary, labyrinth, farm and extensive gardens and trails. This means that we have a wide array of environments and knowledgeable team members who can deliver some pretty incredible workshops.

See below for some of the kinds of workshops we can offer your team during your visit. Have an idea or a goal for your team? Let us know and we will create a custom experience that everyone will enjoy!

Workshop Examples

- Inner compass
- Chakra activation
- Managing stress within the workplace
- Nutrition
- Personal training – setting a plan
- Apothecary bath & body creation
- Flower arranging & wreath making
- Ste. Anne's Bakery canning
- Ste. Anne's Bakery cookie or cupcake decorating

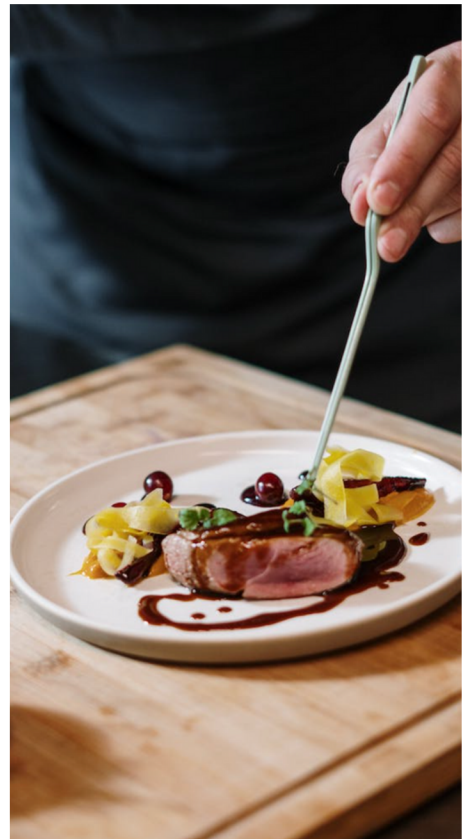




Extend your team's stay and make it a true retreat with an overnight package!

Dispersed across our property are multiple group spa cottages tailored to suit group retreats seamlessly. Our spa cottage accommodations boast ample kitchen and living spaces, fireplaces, multiple bedrooms and bathrooms, private yards and in many cottages, an outdoor hot tub. It's the ideal setting to connect, unwind, or foster teamwork with room to accommodate your entire group. It is also the perfect opportunity to take part in a very unique offering - our Private Chef Culinary experience where one of our own Chefs prepares a delicious 4-course dinner (amuse-bouche, appetizer, main and dessert) for you in the privacy of your accommodation.

One of our Sales Advisors can work with you to find the best group accommodation for your team!



Our Facilities



Meditative &
Therapeutic
Hydrotherapy
Pools

Seasonal
Spring-Fed Pool



Spa

Dining Room



Our Facilities



Outdoor
Warming Room
& Saunas

Eucalyptus
Steam Room

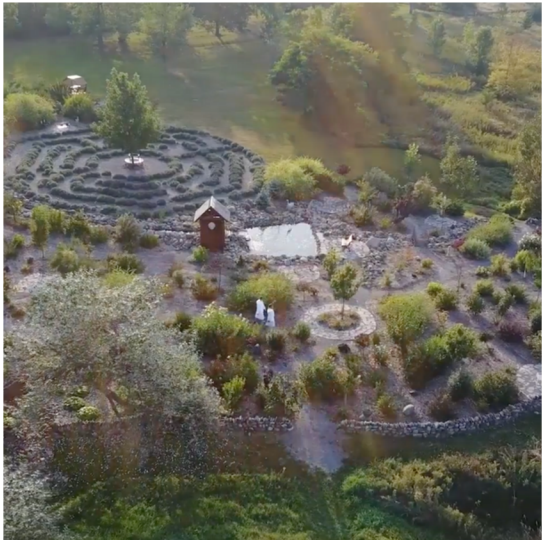


Zen Garden &
English Walled
Garden with Fire
Circle

Walking &
Hiking Trails



Our Facilities



Lavender
Labyrinth &
Gardens

Poustinia



Fitness Room

Ste. Anne's
Bakery



Our Facilities



Ste. Anne's
Boutique

Pavillion



Seasonal Outdoor
Patio

Ste. Anne's
Apothecary

